



No 585 OCTOBER 2023

BRANCASTER, BRANCASTER STAITHE, BURNHAM DEEPDALE, TITCHWELL, CHOSELEY

THE RECTOR: Interregnum

ASSISTANT PRIEST HUNSTANTON & SAXON SHORE BENEFICE:

The Rev'd James Monro Tel 01485 518342

RETIRED CLERGY: The Rev'd Phil Unsworth Tel 01485 532436

The Rev'd Sandra Ellison Tel 01485 298852

Dear Friends,

Can there be a more beautiful time of colour than autumn? As the leaves on the trees and hedges turn to gold, orange, red, yellow and all shades in between. A true spectacle of nature which happens without the intervention of humans! Much of nature is closing down before a period of rest over winter. However this also allows for new life to begin, the last leaves to fall are from the beech tree which only fall as next year's buds push them off. The rhododendrons already have next year's flowers in well-formed buds. The berries on the trees and hedges give birds a 'good' meal before the scarcity of winter. Fallen leaves allow hedgehogs and other animals to make warm places in which to hibernate. Squirrels can store fallen nuts. And it's not just animals and birds that use the fruits of autumn to help the winter pass. We can still pick blackberries amongst other berries and fruits free of charge to make delicious jams, pickles and chutneys. Today pies and crumbles can be made from these and frozen. Sweet chestnuts can be collected and carefully stored for roasting at Christmas. Our young people can have fun kicking and shuffling through fallen leaves. Many young people have fun carving pumpkins at Halloween.

It is thought Halloween may have its roots in the ancient Celtic festival of Samhain. Following the completion of the harvest, the re-lighting of hearth fires in the homes was required before the 'dark half of the year'. Druid priests would light a community fire using a wheel to represent the sun from which folk took a flame to re-light the fire in their hearth. As this was seen as the beginning of winter - the time of nature dying - it was thought that during Samhain there was interaction between the physical world and the spiritual world. The fires would also frighten away evil spirits. By the 5th century, with Christianity having more influence, Pope Boniface tried to move the celebration to May 13th as a day celebrating saints and martyrs. This did not stop the October celebrations. Pope Gregory (731-741) moved the celebration back to October to try to replace the pagan fire festival with the Christian festival of All Saints Day or All Hallows Day on November 1 st and All Souls Day on November 2nd. Thus 31 st October became the eve of All hallows -Halloween. By the 12th century Allhallowtide had become holy days of obligation. The Reformation largely saw an end to the religious celebrations amongst Protestants, although many communities continued to merge religious and secular celebrations. A jack-o-lantern - originally a carved turnip, later a pumpkin with a candle inside - would be carried or placed at the entrance to a home to keep evil spirits away. From the 15th century the poor were allowed to go from house to house begging for food, called soul cakes. These were given in exchange for praying for the souls of the givers and their friends. This may have been the origin of trick and treating.

With prayers and blessing for a wonderful, colourful Autumn.

Sandra Ellison, retired priest assisting during the interregnum.

OCTOBER SERVICES IN THE HUNSTANTON & SAXON SHORE BENEFICE

CW = Common Worship. BCP = Book of Common Prayer. HC = Holy Communion. MP = Service of Morning Prayer (no bread and wine) Family service Shorter service with lighting of candles (no bread and wine)

Sunday 1 st 9.00 am 9.00 am 10.30 am 10.45 am 10.45 am 10.45 am Thursday 5 th 10.00 am	Holme-next-the-Sea Ringstead Titchwell Brancaster Old Hunstanton Hunstanton	Seventeenth after Trinity Harvest Holy Communion Holy Communion for Families Holy Communion (said) Holy Communion Harvest Midweek Communion Holy Communion	BCP CW CW CW CW
Friday 6 th		•	
2.00 pm Sunday 8 th 8.30 am 10.30 am 9.00 am 9.00 am 9.00 am 10.45 am 10.45 am 4.00 pm	Brancaster Titchwell Burnham Deepdale Ringstead Thornham Old Hunstanton Hunstanton Brancaster	Harvest (with Brancaster School) Eighteenth after Trinity Holy Communion Holy Communion for Families Holy Communion Holy Communion Harvest Holy Communion Holy Communion Evensong	BCP CW CW CW CW CW
Thursday 12 th 10.00 am	Ringstead	Midweek Communion Holy Communion	
Sunday 15 th 9.00 am 9.00 am 10.15 am 10.30 am 10.45 am 10.45 am	Holme-next-the-Sea Ringstead Burnham Deepdale Titchwell Old Hunstanton Hunstanton	Nineteenth after Trinity Holy Communion Morning Prayer Family (Baptism) Morning Prayer for Families Morning Prayer Holy Communion	CW CW CW CW CW
Thursday 19 th 10.00 am	Hunstanton	Midweek Communion Holy Communion	
Sunday 22 nd 8.30 am 10.30 am 9.00 am 9.00 am 9.00 am 10.45 am 10.45 am	Titchwell "" Burnham Deepdale Ringstead Thornham Old Hunstanton Hunstanton	Twentieth after Trinity Holy Communion Holy Communion for Families Holy Communion Morning Prayer Holy Communion Holy Communion Holy Communion	BCP CW CW CW CW CW
Thursday 26 th 10.00 am	Ringstead	Midweek Communion Holy Communion	
Sunday 29 th 10.30 am	Titchwell	Bible Sunday HC Benefice Service	CW

MAKING SPACE CAFÉS, Supported by the Norfolk Community Foundation 10 am - 12 noon every Wednesday at St Edmund's Church Hall, Hunstanton. For Brancaster monthly Hot Spot Lunches, please see page 7 and the Diary page.

A FEW HOUSEKEEPING REGULATIONS DURING THE INTERREGNUM

Whilst we are without a rector our Rural Dean, Peter Cook, takes over that responsibility. Please contact Peter in the first instance <u>for all enquiries with regard to weddings, funerals and baptisms</u>. Peter's phone number is 01485 517157.

The Diocesan Registrar is responsible for all memorials in a churchyard - headstones and plaques. During a vacancy all requests for these must go through the Registrar. The person/stone mason making the request should contact the Registrar directly: see website www.norwichdiocesanregistry.co.uk. Church wardens and priests assisting during the interregnum cannot give permission for these.

ST HENRY WALPOLE ROMAN CATHOLIC CHURCH, BURNHAM MARKET

<u>Mass times</u>: Sundays 9.30 am, Fridays 9.30 am. Holy Days of Obligation: see notice board in Church porch. Further information: <u>catholicparishofwalsingham.org</u>.

ST MARY'S, BURNHAM DEEPDALE

October will be a slightly quieter month in Deepdale church than September was! On the 15th October we are looking forward to celebrating our Family Service which will include a baptism. Do come and join us.

The <u>Plant and Produce Stall</u> has now been shut down. The amount raised to the end of August was £987.38. The final figure will appear in the November magazine, but it will be over £1000. So a huge thank you to everyone who has supported the stall in any way.

Books in the porch will continue to be on sale until the end of the month when we will take them away to a drier place over the damp months. Again, see the November issue for the total raised.

There will be a <u>Churchyard Work-Party</u> on <u>Saturday 4th November</u> from 9.30 am until 12 noon. If you can spare an hour or two during this time, please do come along and lend a hand. We could do with some fit younger people. Refreshments will be supplied.

NEWS FROM ST MARY'S TITCHWELL A big thanks is due to all the organisers and helpers who made our harvest celebration such a success at the beginning of September. Forty-seven people enjoyed a magnificent harvest supper on the Friday evening in a marquee on the green by the church. The church itself was sumptuously decorated to celebrate our local harvests of food from both the land and the sea in celebration and thanks to God. All in all, there was a wonderful sense of the community coming together in our special place. As the liturgy for Holy Communion says, "Let us give thanks to the Lord our God".

On another note, we anticipate that an unobtrusive sound system and hearing loop will soon be installed in the church. As someone with a rather quiet voice, I am very much looking forward to its arrival.

For Sunday Services for October, please see page 2.

<u>Stillness on the Saxon Shore</u> meets in St Mary's **every Friday** at 4 pm for half an hour or so of prayerful reflection, the first Friday of the month being a period of unbroken silence.

With my prayers and best wishes for you all,

James Monro (Assistant Priest, Hunstanton and Saxon Shore benefice)

<u>BRANCASTER CHURCH FLOWERS</u> Donations of fruit, flowers or vegetables will be gratefully received for the school harvest festival to be held in the church on **Friday** 6th October. Please contact Virginia on 01485 210902. Many thanks.

<u>BRANCASTER COMMUNITY CHOIR CAROL SINGING IN BVH</u> (Preceded by outdoor singing in Brancaster Staithe weather permitting)

Thursday 21st December from 6 pm. Rehearsals at 5.30 pm in BVH on Fridays 1st, 8th and 15th December. All welcome. No charge.

BRANCASTER PARISH COUNCIL

By the time you read this our "**Big Community Chat**" will have taken place. We have received a large number of responses already to the online questionnaire. We will keep you informed when we look at these and all the comments on the day, and let you know what issues we may have taken up for further work.

Council notes that **Tennis Week** appeared to go off with fewer problems. Though there were still some incidents, the greater Police presence appears to have had an effect – we thank them, and look forward to working with them again next year.

We have agreed to be a "Lead Council" for the provision of equipment to help those who have fallen. With ambulance response times being a perennial problem, a local group is setting up a scheme which helps with training etc, and we hope this will be available in the Parish.

We also agreed to try and register Brancaster as an official "Bathing Site" – this will mean we benefit from regular monitoring of water quality etc.

While Council has agreed the general principles with the National Trust on the **management of the Hard** in Brancaster Staithe, it has not yet agreed the specifics and will be meeting them soon. We agreed to support their proposal to "underground" some of the utilities etc on Beach Road – this should help with the reliability of the toilet block.

<u>Finance</u> It was agreed to earmark two sums in the reserves, one of £10,000 for general "beautifying" of the Villages. We also put aside £20,000 as a show of support for a possible Play Area in Brancaster Staithe. This is something which has not been formally discussed, but we know Brancaster Staithe & Burnham Deepdale Village Hall are looking into the possibility, and would be pleased to hear your views. We appointed a new Internal Auditor, and thank Mike Ruston for his work over recent years.

We again considered a large number of **planning applications**, with mixed responses. It is worth noting that we have no ability to object to applications based on the amount of parking the plans propose when there is only one dwelling under consideration. We have information about Home Improvement schemes from the Borough. There are grants available – these would appear to be for those with incomes of under £31K and in homes in bands A-D. Please contact the Clerk for more details.

The **next meeting of Council** will be on **Tuesday 3rd October** in Brancaster Village Hall at 6.30 pm. Contact details for the Parish Council: www.brancaster-pc.gov.uk; email clerk@brancaster-pc.gov.uk.

NEWS FROM HUNSTANTON FOODBANK

The Foodbank is delighted to welcome Anne, our new Outreach Caseworker, as part of an exciting pioneering project in partnership with the British Red Cross and the Trussell Trust. She is working in the locality to help identify and address unmet social needs. This can include supporting people with more complex issues including mental health, long-term conditions and those in financial hardship. Many people are not aware of what benefits or financial assistance are available – Anne will be very pleased to be able to help with this. Support can be up to 12 weeks and includes home assessments and visits as required.

If you would like to meet Anne, please leave a message on 07395 877 614 or email her AnneSipple@redcross.org.uk; she will also be available at the Helping Hands Community Hub café on most Monday and Wednesday mornings, as well as taking referrals from the schools.

We continue to be grateful for all the support that you give us, both financially and through local food collections, including the box behind the checkouts in Sainsburys, Hunstanton and at the grocery store in Burnham Deepdale. At present we would be particularly grateful for donations of tins of fruit, custard, rice pudding, spaghetti hoops in sauce, tuna and meat products, as well as cartons of UHT milk, bottles of fruit squash and boxes of breakfast cereals. A big thanks to all our loyal supporters.

James Monro (Chair of Trustees, Hunstanton and District Foodbank)

Pebbles Picture Framing Brancaster

Paintings - Photographs - Medals Textiles - and Canvas Stretching Contact Stephen Clark

01485 210810

info@pebblesframing.co.uk www.pebblesphotography.co.uk



Our Burnham Market based team specialises in marketing and holiday letting your home. Please call for advice.

Tel: 01328 730 880 www.sowerbysholidaycottages.co.uk

Point'z of Interest Therapie'z

Acupuncture, Reflexology, Traditional Chinese Medicine & Massage Therapie'z

Call 07892 942 148

PointzofInterest.co.uk PointzofInterest@gmail.com Clinic in Dersingham

Relish

Jewellery Accessories Gifts Dalegate Market, Burnham Deepdale

01485 211 211

www.relishonline.com info@relishonline.com



The Good Food Guide, Local Gem The Good Beer Guide | Harden's | Cool Places

Brancaster Staithe, Norfolk PE31 8BJ 01485 210314

www.jollysailorsbrancaster.co.uk





Heligan House Flowers

Flowers for all occasions weddings, parties, funerals, anniversaries etc

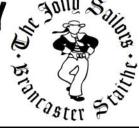
> Gary Bocking 01485 210408

email: bocking554@btinternet.com

The Beauty Room dermalogica®

Norfolk PE31 8DJ

Sarah



JANE SEBBURN

Dip. ITEC. RSA Pilates Teacher Personal Trainer Massage Therapist

In person or on Zoom 07785 377469 www.janesebburn.com Strengthen • Stretch • Relax

6

White Way Farm White Way Road Burnham Market Kina's Lvnn

www.thebeautyroomburnham.co.uk

Market 01328 738455 Taxis 07545 562675 Serving North Norfolk Your local and long distance service

1-8 passengers carried. All airports covered

Burnham

01328 730 580

www.burnhammarkettaxi.co.uk

Kevin Crompton LANDSCAPING & GARDEN MAINTENANCE

Fencing, patios & turfing a speciality. Grass and hedge cutting. Household maintenance & repairs.

07788 903348 01485 518207

COMPUTER SERVICES

PC and Apple servicing, Virus prevention/removal, WiFi systems, Networking CCTV, Home Automation, Tuition & Sales

07554 018307

5 Tapping Close, Common Road, Snettisham, King's Lynn PE31 7FF dan@dnscomputerservices.co.uk

All Electrical Installations Emergency Call Outs

NORMAN RAYNORE ELECTRICIAN

City & Guilds Approved up to 18th Edition. Part 'P' Competent.

BRANCASTER e: **01485 210 584**

m: 07901 996 005

e: info@normanraynore.co.uk

Brian Rix Ltd Building Contractors



- Established 1981 All building works undertaken: Conversions

- Restorations
- Extensions

New Buildings

The Red House, Church Walk, Burnham Market, PE31 8DH Tel: 01328 738786 Fax: 01328 730832 www.brianrix-builders.co.uk

G.ROBINS

BUILDER AND DECORATOR

For all your building & decorating needs.

Competitive prices, free no obligation quotes.

Dempse Heating Ltd.

Heating & Plumbing Engineers
Oil & Gas Boiler Servicing
All Plumbing works & Heating Installations
Full Bathroom Installations carried out

Tel: 01328 862189

George Edwards Rd, Industrial Estate, Fakenhan Gas Safe Register & OFTEC Approved

Peter Bickell



Experienced Local Painter and Decorator Property Maintenance 07836 523396

Burnham Deepdale



THE HOME WATCH SERVICE **GIVING YOU PEACE OF MIND**

01485 525 646

Holiday Home Security Service

*Established in 1998 *24hour emergency cover & weekly checks
*over 50 years of local knowledge

*good working relationships with local police & other agencies Contact Caroline Felgate

mobile: 07801 412979 (24 hours) email:- premcheck@hotmail.com

No Job Too Small .. 07766 952332

garyrobins29@yahoo.co.uk

Simon Leverett Carpets & Blinds

Supplied & Fitted

Choose at home from a comprehensive range of floorings and blinds. Designs from modern to traditional to suit all budgets.

> 01485 518 018 07760 462788



MARCUS TOWNSHEND General gardening

Grass cutting Hedge cutting etc. Competitive rates

8 Saxon Field Brancaster

01485 210513



07879 119432

James Kemp Gardens

RHS Qualified

Gardens redesigned and revamped. Renovation, pruning and maintenance. No project too large or small.

07909 913285

jameskempgardens@gmail.com Instagram: @jameskempgardens

GW ELECTRICAL ELECTRICAL CONTRACTOR 07799 778 726

gw.electrical@btopenworld.com

MLG Driver Training

Based in Brancaster, travel to many areas..

Contact: Helen Wicks

07899 966 506

helenadi@aol.com

Over 20 years experience. Former Driving Examiner.

Training tailored to learner needs.

Dyslexia? Dyspraxia? Anxiety? Nervous? Other needs?

Together, we can get you on the road!

PART P REGISTERED PAT TESTING



Open your doors to staycations

norta hideaways

Our local team is well placed to help you let your holiday home

Come and see us at Foundry Place in Burnham Market

> 01328 887 658 norfolkhideaways.co.uk

Mandy Glass

劉ABTA Personal Travel Consultant

01485 765017 07760 338546

mandyglass.ptc@hays-travel.co.uk www.haystravel.co.uk/mandy-glass

UK cottages to world cruises

Hotel - Restaurant - Bar - Venue

Main Rd, Titchwell, Norfolk PE31 8BB 01485 210742

info@briarfieldshotelnorfolk.co.uk

www.briarfieldshotelnorfolk.co.uk



MATT TIDD PAINTER & DECORATOR

INTERIOR/ EXTERIOR WORK PAINTING WALL PAPERING



MURALS CHILDREN'S

3, Manor Cottages, Main Road, Brancaster



Tel: 07979 506789

EMERGENCY CALL OUT -Norfolk Tree Services Limited

₩

07907 529501

NOTREETOOTALL - NO JOB TOO SMALL

facebook.com/norfolktreeservices Email: norfolktrees@hotmail.com

STAITHE &

Available to hire

Please see website for details, availability and booking arrangements or call

07767 818825

www.bsbdvh.org.uk

The Fish Shed Brancaster Staithe



Margaret & Stephen Bocking 01485 210 532

thefishshed@hotmail.co.uk www.fishshed.co.uk

Taxi Ko

Telephone: 01553 763888

Website: http://www.taxiko.co.uk

Sort Code: 77 66 06 Account: 74065768

Call Catherine on 07747 134300 2 Greenway Cottages, North Barsham NR22 6AR

Mobile: 07899 087254 Email: taxikoltd@yahoo.co.uk

Pay direct to: Taxi Ko

N. W. S.



John Crosthwaite CARPENTRY, DECKING, CANOPIES. OUTDOOR STRUCTURES ETC. BESPOKE COMMISSIONS

07768 273997

BRANCASTER GARAGE



Main Road, Brancaster **Mark Childs**

Open daily for service,

repairs, spares, MOT & emergency call-outs





Open All Year

Shops - Café - Provisions Fuel - Pop Up Shops - Markets

Tel: 01485 210305 www.DalegateMarket.co.uk

BURNHAM MARKET SURGERY DATA – AUGUST 2023

Contact with all clinicians: 3347 patient-facing consultations; 757 telephone consultations. 13,146 dispensed items; 2695 telephone calls answered by Reception; 214 typed referrals.

<u>Unfortunately</u> 80 appointments were not kept or attended by patients. If you no longer need, or cannot keep an appointment, please let the surgery know – 01328 737000, or email <u>burnham.surgery@nhs.net</u>

DEEPDALE AND DALEGATE MARKET

Charity Barn Dance in aid of It's On The Ball: Saturday 7th October

To celebrate David's incredible fundraising '7 marathon beer pushes in 7 days', we will be cheering his arrival at Deepdale and celebrating his incredible effort by making him dance the evening away! All welcome, tickets available online. www.deepdalemusic.co.uk.

Pop Up Shops

Thursday to Tuesday each week. North Norfolk Coast shopping that's not on the high street from local producers and artisans. Dalegate Market will host four artisans and producers in the beach huts each week. www.dalegatemarket.co.uk/pop-up-shops/.

Fused Glass Workshops

A great experience for anyone, regardless of creativity. Once we've guided you through the practice techniques, you can come away with your own unique piece of glass. www.dalegatemarket.co.uk/driftwood-glass-studio/

BRANCASTER COMMUNITY HOT SPOT LUNCHES

Our **monthly** Community Hot Spot lunches are commencing again at Brancaster Village Hall on **Fridays** from 12 noon to 3 pm, commencing **13th October**, followed by **24th November**. For further dates, please see the Diary page. Please join us for a nourishing lunch of soup, sandwiches, buffet, puddings and tea/coffee and biscuits. Come on your own or with others - a warm welcome awaits everyone! Suggested donation of £5.

Please book your place by the Friday **before** the lunch (ie 6th October/17th November) by ringing Babs Wade on 01485 522273 or email hotspotlunches@gmail.com. Please advise any specific dietary requirements when booking.

If you require assistance with transport please contact Mary Gardiner on 01485 210442. We look forward to meeting you all again.

Brancaster Community Hot Spot lunch team

BRANCASTER CAMERA CLUB

The next meeting of our club will be on **Tuesday 17th October** at 7 pm in Brancaster Staithe & Burnham Deepdale Village Hall. The topic for the evening will be 'Macro'. Visitors are always welcome. Please come along if interested. Contact Wendy Calow on 01553 674725 or Sue Till on 01485 210013.

A note for your diary: on **Tuesday 14th November**, again at 7 pm in the Village Hall, Nick and Liz Akers have kindly agreed to give us an illustrated talk on their holidays in Kenya and Harris, Scotland. Both Nick and Liz are very well-known local photographers and it should be an interesting evening.

NEWS FROM BRANCASTER VILLAGE HALL (BVH)

Brancaster Village Stores and Post Office As we march rapidly towards the winter season, and scenes brilliantly captured by Paul Gallico in "The Snow Goose", there are great changes at the Brancaster Village Hall. As from 4th September the village shop and Post Office are <u>under new management</u>: we extend a very warm welcome to Mark Eldridge and his wife, Kerry, who have taken over.

Both shop and Post Office are now open six days a week, Monday to Saturday, from 9 am until 5 pm.

Forthcoming Events At BVH

Monthly Community Hot Spot Lunches will recommence for the winter season on Friday 13th October (see above). All the World Cup rugby will be shown at BVH: everyone is welcome to watch the matches and enjoy a drink at the bar. The annual Winter Fair will be held on Wednesday 29th November. Quiz Nights, Skittles and Darts continue at Bar 71: do come along and sample the brilliant pizzas produced by the Bardolis food van.

For full details and times of all these events and of our regular activities – Yoga, Baby and Toddler Group, Coffee Morning, Beginners' Pilates, Fitness Fusion and the Mobile Library – please check the Diary page or visit our website: www.brancastervillagehall.co.uk.

DEEPDALE FARM

Green woodworking Sunday 15th October and Saturday 11th November. Full day courses suitable for complete beginners. Learn about the properties of wood, how to use a draw knife and pole lathe, and take home your handmade items.

We can also arrange private groups mid-week or weekends for families, friends or colleagues of 3 or more people. Gift vouchers available for presents.

<u>Willow weaving</u> The Coddiwomplers are back to run two half-day sessions, suitable for beginners or those with some experience: **Sunday 8th October:** Bird feeders 9.30 am-12.30 pm; Willow platter 1.30-4.30 pm.

<u>Nature walks</u> Reveal Nature are running a series of their nature connection experiences, enabling you to explore the natural world in different ways. We have had great feedback about all the activities. <u>Biofluorescent Night Walk</u> – 17th and 27th October, 14th and 28th November. <u>Microscopic Marvels</u>: Macro Photography Course – 27th October and 14th November (27th October is just £10 as an introductory offer for this first event). <u>Forest Bathing</u> – 17th October and 28th November. Visit the website or follow us on social media (@deepdalefarm) for more information about our events, and to book: www.deepdalefarm.co.uk/events.

If you or a friend run a craft or nature-related course and are interested in using Deepdale Farm as a venue, please get in touch with us – enquiries@deepdalefarm.co.uk.

<u>SCOTTISH DANCING IN BRANCASTER VILLAGE HALL</u> Monthly, Tuesdays 6-8 pm throughout the winter months: **24**th October, **21**st November – for further dates please see Diary Page. All welcome. £2.50 per person per evening (drinks available at Bar 71 in the interval).

BRANCASTER STAITHE & BURNHAM DEEPDALE VILLAGE HALL Play Equipment For The Playing Field

The Village Hall Committee has decided to go ahead with the installation of new playground equipment. We do, however, still require letters of support to assist us when applying for grants, as the more funding we get the better the play area. If anyone would like to support this new venture by emailing a letter of support, please do so as soon as possible. Please send your emails to bsbdvh.secretary@gmail.com with a subject of "Play Equipment for BSBDVH Playing Field".

JUST A REMINDER

Do check the diary page as we always list events as soon as we are aware of them, so you can note the date and await fuller information nearer the time.

BURNHAM MARKET AREA COMMUNITY CAR SCHEME (BMACCS)

Volunteer drivers always wanted. Journeys can be local or long distance. Mileage expenses are paid in line with HMRC guidelines. Our drivers choose to do anything from less than one journey a month to several trips a week. Passengers are primarily taken for medically related appointments. Please ring Linda on 07851 322 580 to book a driver or discuss joining the team.

THE JOLLY SAILORS

Tom's delicious Brancaster Mussels are back in full flow and on our autumn menu every day. Also new on the menu a Jolly Sunday Roast which is available to book and will be on the menu from **Sunday 8th October** served from 12 noon to 9 pm.

Ahoy me Hearties and thank you to all who supported the recent Brancaster Staithe Shanty Festival. A fun sing-along time was had by all. An amazing amount of £2,245 was raised and split equally between Hunstanton RNLI and Brancaster Coastwatch.

Nelson's Shantymen will be returning on **Monday 2nd October** for their regular Jolly Monday rehearsals.

We will be closing from 5 pm on **Sunday 1st October** to reward our team for all their hard work over summer. Last orders for food and drink will be 4 pm that day.

We will remain open for food daily between 12 noon to 9 pm.

Finally, don't forget our regular Live Music gig on **Saturday 28th October** from 8 pm. See www.jollysailorsbrancaster.co.uk/events for more events.

Simon, Nick, Caitlin & The Jolly Sailors Team

THE WHITE HORSE

The autumn sunshine and 'Northern lights' across Brancaster Bay tidal marsh are, as you know, a magical sight. We are battening down the hatches but enjoying the transition to autumn and welcoming Brancaster Mussel season this October. Join us for Brancaster Mussels Weekend MARSHSIDE Friday 20thOctober, 3 pm 'til late, Saturday 21st and Sunday 22nd October 12 noon 'til late. Brancaster Mussels served 5-ways, Live Music all weekend, heated marquee! No need to book.

Look out for Fran's delicious autumn menu including mussel menu choices. See current opening times, events diary, and menus on our website www.whitehorsebrancaster.co.uk. Thank you, we really value your custom. Rob, Fran, Rosie & The White Horse Team

DEEPDALE & BRANCASTER STAITHE TENNIS

Everyone is welcome to play on our courts which remain open all year. If you are a visitor, you can book a court for up to an hour and a half and pay online via our website – www.clubspark.lta.org.uk/DBSTennisClub.

<u>Coaching</u> Our junior members have been able to take advantage of coaching since the Easter holidays and they have all come on in leaps and bounds. We really do have some stars in the making. The autumn term 6-week course of coaching on **Wednesday afternoons** with Becky Palmer our LTA coach will finish by half term. If your child would still like to join in, please contact our Junior Tennis Co-ordinator, Carrie Hendry, by email to <u>juniortennis@brancasterstaithe.co.uk</u> Course fees vary from £6 - £18 per course and there are 3 sessions for different ages: 3.45 - 4.15 pm for 4-7 year olds, £6 per course. 4.15 – 5 pm for 8-11 year olds, £12 per course. 5 – 6 pm for secondary school children up to age 15, £18 per course

Wednesday Ladies Tennis Mornings These continue every week when the weather allows from 9-10.30 am. We are a group of experienced players (not beginners) of a certain age and the emphasis is on fun. If you would like to join us please contact Verily Borthwick by email to DBSTennisClub@outlook.com. These sessions are for members but you are most welcome to come along and try us out for free for up to 3 occasions each year.

LAURA EARL PROPERTY

in assoc. with Norfolk Coastal Home Search

Specialists in property search and purchase.

Discretion assured.

laura@lauraearl.co.uk 07976 979 224 hopkins@coastal-homes.co.uk 07989 967 604

Tree Work & Surveys Ltd

Consulting & Practising Arborist



Dan Yeomans Full service tree care Inspections & surveys 01485 517000

07799 533462 dan@tree-vista.co.uk



E#R

the hare and the hen

behind Deepdale Café and Fat Face Philippa Lee's POTTERY & a tantalising selection of high quality CRAFTS



01485 211245

www.philippaleepottery.co.uk

linītaar 1Parthurare

vintagepartyware.co.uk 01553 886844



Eclectic and genuinely vintage prop decoration hire for your wedding or party

KATHRYN GIGG

Chartered Accountants **Business Advisers** & Tax Consultants

Annual Accounts, VAT, Payroll & Book-keeping Service Personal Tax Returns Investment Advice

01485 534 800

20, King's Lynn Road, Hunstanton



DIPLOMA



For all your interior and exterior decorating needs

07791 069192

Email - mike.sykes@btinternet.com

Garden Services

www.greenandpleasant.org

Garden Maintenance Planting Schemes and Design Lawns Hedges Trees call Catherine on 07708 269268



ANYONE FOR TENNIS? Deepdale and Brancaster Staithe Tennis Club

Two courts beside the village hall. Open all year.

Non-member court fees £10 per hour. For membership see our website: www.clubspark.lta.org.uk/DBSTennisClub

M & M BUILDERS (NORFOLK) Ltd PROPERTY DEVELOPERS

GALEN HOUSE, CHURCH WALK, BURNHAM MARKET PE31 8DH

xtensions lew building Plumbing



Electrics Painting Decorating

т: 01328 738656 м: 07770 882570 martin.m-mbuildersnorfolk@hotmail.co.uk

BMACCS

Burnham Market Area Community Car Scheme

Please call Linda on 07851 322 580 to arrange a journey or to volunteer.

COAL **MERCHANTS**





www.ayresandsonscoal.co.uk



GUIDED SALT MARSH SUP TOURS SUNRISE + SUNSET PADDLES SUP, YOGA + SAUNA LEARN TO SUP + BOARD RENTALS

NORTHSHORE SUP & SURF, Main Road, Brancaster Staithe, PE31 8BU

WWW.NORTHSHOREPADDLEBOARDS.COM

D THOMPSON CHIMNEYS LTD

Est. 1995 MASTER CHIMNEY SWEEP NVQ QUALIFIED CHIMNEY ENGINEER

All Chimneys, flues and appliances swept

 Certificates issued CCTV chimney surveys

Bird/rain guards / Anti down-draft cowls supplied and fitted

Stove servicing and maintenance

Call David or Lucy on 01328 851081 www.the-sweep.co.uk



Advertising

Cost effective advertising delivered to Burnham Deepdale, Brancaster Staithe. Brancaster, Titchwell and Choseley.

Email bg.pn@btinternet.com Call 01485 210394

Single spaces are available at £25.00 for the year.



Peddars Way

Garden Services Jason Clarkson

07799 598062

peddarswaygardenservices@gmail.com All types of gardening work considered

8		7	6			3		
2		6			9		8	
				1				
						5		3
	8						6	
3		5						
				2				
	5		3			6		8
		9			8	7		1

NEWS FROM THE SCHOOL

School started on 6th September and it was lovely to see everyone. We enjoyed hearing all the holiday news and also meeting our new children and staff. Everyone is settling well and we look forward to a good year.

We are currently awaiting the arrival of our new secretary so, until then, please bear with us if we do not answer phone calls or emails (or the door!) as quickly as we would normally. We are also awaiting a "fix" on our website – we will be back up and running again as soon as possible.

<u>Thrift Class</u> (4-7 year olds) are learning about "Superheroes" this term, ranging from story book superheroes, to real life heroes, to us as heroes. We have checked out our plants after the summer and have picked runner beans and tomatoes, and pulled up beetroot and onions. Our pumpkin is still growing madly as are our sunflowers. If anyone has a spare water butt that you would be happy to donate to us, do please get in touch.

Samphire Class (7 – 11 year olds) are studying Romans and have a visit from the Norfolk Archaeological society planned, plus a trip to Norwich Castle Museum. We have restarted School Council and Sports Council and these children will be using their voice to help us improve our provision. School Council will also be planning our Children in Need event. The PFA are just beginning to plan the term's events, so watch out for details.

<u>Key Dates</u>: Our Harvest Festival is at Brancaster Church, 2 pm on Friday 6th October. All welcome. Half Term: school finishes on Friday 20th October and we start back on Monday 30th October. Our Nativity/Carol Service is Tuesday 12th December 2 pm in the church. Again, all welcome. Term finishes on Wednesday 20th December.

NATIONAL COASTWATCH INSTITUTION (NCI) BRANCASTER

The school summer holidays pose particular issues for the beach and coastline at Brancaster. The beach attracts thousands of visitors each week and the Brancaster Staithe Sailing Club is very busy, both with official race days and with casual sailing users. This makes extra demands on the Coastwatch Service on Brancaster beach. The service has recruited one new joiner, John; and two volunteers, Ian and Frank, have become certified as Watchkeepers: congratulations to them. There are also other potential volunteers in the pipeline, **but the Service still needs to recruit more**.

There have been three incidents since the last report: children reported missing on Scolt Head Island (recovered safely), two paddleboarders in difficulty (recovered safely) and a medical incident requiring an ambulance. The Service continues to attend local events to publicise its work. Representatives were also present on 16th and 17th September in the afternoon at Brancaster Staithe & Burnham Deepdale Village Hall to talk to the local community about water safety.

Please contact Richard Burrows, Deputy Station Manager and Watchkeeper, on 07505 612777 if you are interested in volunteering or knowing more about the Service.

DEEPDALE AND BRANCASTER HOUSING SOCIETY

<u>Applying for Affordable Housing</u> Do you have local connections and want to be considered for any properties which may become available but don't understand the application and selection process?

Whether you are interested in a house or flat, tenancy or shared ownership, a guide with information for other Borough Council properties is available from Deepdale and Brancaster Housing Society. Email the Secretary, Diana Bamber at: bamber344@btinternet.com for further information, or call her on 01485 518029.

Please note we do not hold a waiting list.

NATIONAL TRUST

Did you know that, alongside our conservation role, the National Trust looks after dozens of archaeological sites along the North Norfolk coast? The wide range of local archaeological sites range from Roman fortifications to Cold War installations. Just outside Brancaster is the site of the ancient Roman fort of Branodunum. The fort, built in the 230s, later became part of the Saxon Shore fortification system. In 2012, At Salthouse, it is possible to find evidence of iron ore smelting dating back to the Roman times. Our coastline is also rich in 20th Century archaeology, with many World War 2 air defences partially and fully intact at regular intervals along the coast. At the edge of Stiffkey saltmarsh there are the remains of a Cold War military installation. You can find out more about these and other archaeological sites locally by using the National Trust's Heritage Records Online website: heritagerecords.nationaltrust.org.uk. This important record of archaeological sites is kept up-to-date with the help of a team of volunteers, our Heritage and Archaeology Rangers Team (HART). Volunteers visit sites and collect information on their condition, stability and vulnerability.

If you would like to find out more about becoming a HART volunteer, please drop our Senior Volunteering and Community Officer, Marianne Lawrence, a line at Marianne.Lawrence@nationaltrust.org.uk.

BRANCASTER OIL COOPERATIVE

I shall be ordering oil on **Thursdays**: 19th October, 9th November, 30th November (last guaranteed order for delivery before Christmas). Maria Spink 01485 210155

BRANCASTER STAITHE MOBILE POST OFFICE

Monday, Tuesday, Thursday: 4 - 4.30 pm; **Wednesday:** 1.10 - 1.45 pm, in the layby or The Drove opposite Dalegate Market.

MOBILE LIBRARY

Thursdays monthly, next visit 19th October. Brancaster: Village Hall 1.55 - 2.25 pm, and Mill Rd 2.30 - 2.40 pm; Brancaster Staithe: Old Posting House 2.50 - 3.05 pm, and Dale End 3.10 - 3.25 pm; Burnham Deepdale: Layby 3.30 – 3.45 pm. Please note this information is subject to change or amendment. Enquiries call 01603 222303.

BRANCASTER & STAITHE HOMEWATCH

Still the reports come in about people being conned by bogus police phone calls into drawing money out of their banks to hand over to 'couriers'- only a criminal will ever ask you to do this! And email scams are becoming more sophisticated. One circulating at the moment states you are due a Council Tax refund – don't be fooled. Another innocent looking one comes from someone you know, often asking you to buy some Amazon vouchers on their behalf - don't reply to the email as it has been intercepted, check with them on another line.

As always, if you spot something unusual, call the police on 101, providing as many details as possible, such as descriptions of people and cars, including number plates. But if you believe a crime is in progress, then always dial 999. If you do not wish to leave your details, you can call anonymously, or via Crime Stoppers 0800 555 111; your call is free and confidential.

BEWARE! High Tides between the following dates when Beach Road is liable to flooding and unsuitable for traffic. Pedestrian access available via the bank. 27th September - 4th October, 12th - 19th October, 26th October - 2nd November.

CROCKERY

The Parish News has a quantity of crockery, glasses, cutlery etc. for use by parishioners. Please contact Josephine Luddington 01485 210306.

HAZARDOUS WASTE DAYS

This year the dates for West Norfolk are Saturday/Sunday 14th/15th October at Hempton (near Fakenham) 9 am- 4 pm. Full details on www.recyclefornorfolk.org.uk.

BURNHAM MARKET AND NORTON VILLAGE HALL

The community cinema at the Burnham Market village hall continues in **October** with two shows. Wednesday 4th at 3.30 pm – Empire of Light (15) (2022). Wednesday 18th at 7 pm – The Unlikely Pilgrimage of Harold Fry (12a) (2023). Tickets are £5 on the door, cash only. Refreshments are available at all shows. To book please contact Diana Walker on 01328 738604. You can also view further information on our website: www.burnhammarketandnortonvillagehall.org.uk.

STANHOE AND BARWICK WI Thursday 5th October: Norfolk's Indian Princess, a talk by Juyna Lewis. Thursday 2nd November: Binham Blue, a talk about Mrs Temple's famous cheeses. Venue: The Reading Room, Stanhoe. 2 pm. Visitors are most welcome. Our charge is £5, which includes refreshments. Please contact Valerie (01485 576261) for further details.

WELLS MALTINGS

Practical Inspiration for Death and Dying led by Briony Bax & LM-Y

Monday 6th to Thursday 9th November, 9.30 am – 1 pm. With the aim of helping people prepare in a practical way for their own deaths, and the deaths of those close to them, this course aims to give guidance, reduce stress, and open up easy and supportive conversations in the face of our mortality. All welcome. Cost £120 reduced to £95 if paid in full by 30th September. https://practicalinspirationfordying.com.

THE ARTS SOCIETY, NORTHWEST NORFOLK

Our next illustrated talk, presented by Linda Collins on Monday 9th October at Sedgeford Village Hall at 2 pm, is entitled Magnificence and Splendour: The Royal Art Collection in the Court of Henry VIII. Come and join our friendly society. Membership has many benefits besides illustrated talks. For more information visit www.theartssocietynwnorfolk.org.uk or ring Lesley Nadel on 07909 918 890.

PHOENIX LADIES

We are looking forward to hearing Hilda Hall-Smith talk about her late husband's, Mike's, adventures on Christmas Island on **Wednesday 11th October** in Burnham Market and Norton Village Hall at 2 pm. Tea and cake will be served afterwards. Guests and new members are always welcome. There is a small charge for guests. For further information please contact Sue on 01328 730859 or email suisted@btinternet.com. There is also a web site: burnhammarketandnortonvillagehall.org.uk.

STANHOE VILLAGE SCREEN

Monday 30th October: Oppenheimer (15) (tbc) at 7.30 pm. Watch the trailer at https://www.youtube.com/watch?v=bK6ldnjE3Y0. Venue: Stanhoe Reading Room and Village Hall, Cross Lane, PE31 8PS. Tickets £5 (cash only) on the door to include a complimentary drink. Doors open 7 pm. For further information visit the website: Stanhoe.org (or ring 01485 518191).

WELLS LIBRARY Plenty going on at Wells Library. eg: Help with computer skills, free sessions (please book) Wednesdays 11 am - 1 pm, or Mondays 5.30 - 6.30 pm. Wednesdays: Knit and Natter; Book Club (monthly). Fridays: Just a Cuppa, 11 am – noon; Crafting for children (term time) 3.30 – 4.30 pm. Saturday Lego Club 10.30 - 11 am. And lots more. For information and to book ring 01328 710467. Google 'Wells Library' for more information via NCC website.

DIARY DATES 2023 – updated monthly

BVH = Brancaster Village Hall, **BSDVH** = Brancaster Staithe & Deepdale Village Hall

Weekly: Monday: Indoor Bowls, 2 - 4 pm, BSDVH (until 11th December)

Mobile Post Office, The Drove, Burnham Deepdale 4 - 4.30 pm

Yoga 6.30 - 8 pm, BVH

Tuesday: Baby & Toddler Group, 9.30 - 11.30 am, BVH (Term time only)

"Mobile Post Office, The Drove, Burnham Deepdale 4 - 4.30 pm
Wednesday: Coffee Morning, St Edmund's Hall, Hunstanton, 10 am - 12 noon

" Coffee Morning, 10.30 - 11.30 am, BVH

" Mobile Post Office, The Drove, Burnham Deepdale, 1.10 - 1.45 pm

"Bridge, 1.30 - 4.15 pm. BSDVH (to 20th December)

"Fitness Fusion with Katie 6 - 7.15 pm, BVH

"Yoga with Emilie 6 - 7.15 pm, BVH

Thursday: Beginners Pilates with Sarah, 12.30 - 1.30 pm, BVH art Group 2 - 4 pm BSDVH (from 7th September)

" Mobile Post Office, The Drove, Burnham Deepdale, 4 - 4.30 pm

Monthly: Tuesdays: Scottish dancing - see below for dates

Thursdays: Mobile Library: 19th October - See page 12 for details of stops

OCTOBER

Tuesday	$3^{\rm rd}$	Parish Council Meeting, 6.30 pm. BVH
Friday	$6^{\rm th}$	School Harvest Festival, Brancaster Church, 2 pm
Friday	13 th	Brancaster Community Hot Spot Lunch, 12 noon, BVH
Tuesday	17^{th}	Brancaster Camera Club, 7 pm, BSDVH
Tuesday	$24^{\rm th}$	Scottish Dancing 6 - 8 pm, BVH

NOVEMBER

Saturday	4 th	Deepdale Churchyard Working-party, 9.30 – 12 noon
Tuesday	14^{th}	Brancaster Camera Club, 7 pm BSDVH
Tuesday	21^{st}	Scottish Dancing 6 - 8 pm, BVH
Friday	$24^{\rm th}$	Brancaster Community Hot Spot Lunch, 12 noon, BVH
Wednesday	29^{th}	Annual Winter Fair, BVH

DECEMBER

Friday	y 8 th	Brancaster Communit	y Hot S	pot Lunch,	, 12 noon,	, BVH
--------	-------------------	---------------------	---------	------------	------------	-------

Tuesday 19th Scottish Dancing 6 - 8 pm, BVH

Thursday 21st Community Choir Carol Singing, 6 pm, BVH

EDITOR'S NOTE

Please submit any notices/articles for the Parish News by 4.30 pm on the 19th of the month (earlier is always welcome) either in my postbox at the gate of Marsh Head, Main Road (opposite The Jolly Sailors), Brancaster Staithe, PE31 8BJ or preferably, if possible, email me at ch81@btinternet.com.

Any problems getting anything to me, please ring 01485 210695 or 07900 342 962.

For <u>advertising</u> queries/details, please contact Alan Wright on 01485 210394 or email bg.pn@btinternet.com.

Kindly note that contributors are asked to restrict their entries to not more than 300 words (about half a page), space is limited and longer articles may have to be cut. Entries in the Parish News cover 2 months plus the first week of the 3rd month.

COMMUNITY WEBSITES

www.west-norfolk.gov.uk	www.theburnhamssurgery.co.uk
www.saxonshorebenefice.co.uk	www.wellshospital.org.uk
www.bssc.net (Sailing Club)	www.brancaster-pc.gov.uk (Parish Council)
www.brancasterstaithe.co.uk	www.brancaster.norfolk.sch.uk (Primary School)
www.burnhamdeepdale.co.uk	www.bsbdvh.org.uk (Brancaster Staithe village hall)
www.recyclefornorfolk.org.uk	www.brancasterallotmentsociety.co.uk
www.brancastervillagehall.co.uk	what3words.com (Location system)
www.titchwellvillage.org	www.rwngc.org/tide-times/ (Beach Road flooding)

AYUREVDIC YOGA MASSAGE & THAI YOGA MASSAGE



DEEP TISSUE . ASSISTED YOGA STRETCHES . ACUPRESSURE . BREATH-WORK Emilie is a Yoga Teacher and Bodywork Therapist who has been practising massage and yoga for over 7 year

- 07909 586 993 3 SAWYERS YARD MILL ROAD

BRANCASTER

emilie@wildyoganorfolk.com www.wildyoganorfolk.com

Credit & Debit card payments welcome Call Jordan on **01485 609223**

CARPET + OVEN CLEANING Sofa & Rug + Curtain Cleaning

Gutter + Fascia Cleaning, Window Cleaning Wheelie bins cleaned. Hard and tiled floors cleaned

Confirmed appointment times. We will move and replace your furniture. 100% Quibble Free Quality Satisfaction Guarantee.

at CLEAN TECH - make the call now ww.cleantech-norfolk.co.uk iordan@cleantech-norfolk.co.uk

SITOR INFORMATION CENTRE

Local information - Postcards Guide books - Gas exchange Camping equipment - Maps

Tel: 01485 211142 Burnham Deepdale, PE31 8DD

TONY ROUT

Painter & Decorator

16 Woodgate Way, Docking

Tel: **01485 518013** Mobile: 07771 660429

E.F.SNELLING & SON

THE MARINE CENTRE

Yamaha Outboards Electric Torqeedo Engines Life Jackets and Kayaks

SALES, SERVICE & SPARES

01485 210 381

Terhi Boats Calor Gas Fishing Tackle

www.efsmarinecentre.co.uk

Open Mon. - Sat. during winter



orders: hightidepicnic.co.uk email: hightidepicnic@gmail.com





YOUR LOCAL LAWN AND GARDEN SPECIALISTS

GARDEN MAINTENANCE AND REFURBISHMENT LAWN MOWING . FULL LAWN RENOVATIONS HEDGE AND TREE TRIMMING ONGOING AND ONE OFF WORK SECOND HOMES AND HOLIDAY LETS

CALL OR EMAIL TODAY TO DISCUSS YOUR REQUIREMENTS

01485 770670 or 07487 297254

info@norfolkgardencare.co.uk

www.norfolkgardencare.co.uk



Tree Surgery

Stump Grinding / Removal

Site & Garden Clearance

www.oetrees.co.uk owen@oetrees.co.uk 07554 428556



Guilds



jtaylorconstruction@yahoo.com www.jtaylorconstructionltd.com

Plumbing &

Heating Company

A QUALIFIED, EXPERIENCED &

RELIABLE PLUMBING REPAIR &

maintenance service

FOR THE WEST & NORTH

Norfolk area.

Same day call outs & free quotes available.

Mobile: 07733 335 845

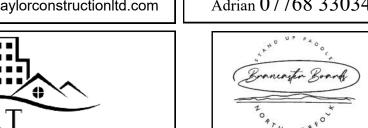
E: adrian.taverna@hotmail.co.uk

info@at-plumbing-heating.co.uk

General Maintenance Indoor and outdoor painting Holiday Home Maintenance Garden Landscaping Big Jobs or Small please call







Stand Up Paddleboarding

Brancaster & Brancaster Staithe Saltmarsh, Harbour & Sea

SUP Tours · Lessons · Rentals Children's sessions & Adult Sessions 7*yrs · Beginners · Improvers · Advanced

www.BrancasterBoards.com

07810 77 55 33

BrancasterBoards@email.com

Kitesurfing

All abilities · Group lessons · Private tuition A daily does of Vitamin Sea



BRANCASTER VILLAGE HALL AND BAR 71

- Hall available for hire
- Fully licensed family friendly bar
- Village Stores and Post Office

www.brancastervillagehall.co.uk info@brancastervillagehall.co.uk facebook.com/brancastervillagehall



Piano Lessons James Fox

1st Class Hons Degree, DTLLS, ABRSM Classical Piano or Rock Keyboard: All Grades

Piano Teacher

- 07775 758146 Private one-to-one tuition Beginner through to advance.
- jameshendryfox@gmail.com Based in Brancaster Staithe

HENRIETTA FAIRE Couture Originals

* Wedding dresses a speciality *

Fittings in Norfolk and London 07758 633469

David Mahon

All types of Fencing Grass Cutting, Hedge Cutting Petrol log splitter for hire 07721 940340 (Fakenham)

North Norfolk's glamping experience.

Our tents are great for sleepover birthday parties, glamping holidays, weddings & hen parties.



Contact Kate on 07879 773 382 2posh2pitch@gmail.com



Contact - Martina t 07971 733 656 e northnorfolkdogtraining@gmail.com w northnorfolkdogtraining.co.uk Drove Orchards, Thornham PE36 6LS (O) I North Norfolk Dog Training

WINDOW CLEANING

for a regular service

David Webb

using traditional methods and water-fed pole system. 30 years experience. fully insured.

01328 830 469



EXTENSIONS

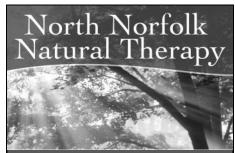
RENOVATIONS

Bed & Breakfast

Valley Farm Cottage Brancaster Staithe

Tel: 01485 210960 Sophie de Winton

www.brancaster-staithe.co.uk



Annette Robinson Mobile Therapist

07765 488 872

www.northnorfolknaturaltherapy.co.uk

YOGA

Mondays 6.30 - 8pm Brancaster Village Hall

Wednesdays 9.20 - 10.50am Memorial Hall, Burnham Thorpe

lisa@b-yoga.com

www.b-yoga.com



t: 01328 730256 m: 07776 234477 RENOVATIONS CONVERSIONS

www.mayconstruction.co.uk Email: info@mayconstruction.co.uk

11 The Pightle, Burnham Thorpe PE31 8HT

Carolyn's Catering



(food delivered or cooked on-site)

T 01485 210700 M 07748 738043 E carolynscoles66@sky.com



Publishing & Copywriting Services

Couzens-Lake 07484 253473

edward@couzenslakemedia.com www.couzenslakemedia.com

The White Horse

Top 50 Gastropub | 🐼 The Good Hotel, Editor's Choice | AA ★★★★ Hotel | AA@@ | AA Pick of the Pubs | Harden's The Good Beer Guide | Cool Places



BRANCASTER STAITHE · NORFOLK · PE31 8BY 01485 210262 • reception@whitehorsebrancaster.co.uk www.whitehorsebrancaster.co.uk



Simply Kitchens



THE SQUARE, EAST RUDHAM PE31 8RB Tel: **01485 528 111**

www.simply-kitchens-norfolk.com sales@simply-kitchens-norfolk.com

SMITH & WILLIAMSON

CONSERVATORY SPECIALISTS

WINDOWS • DOORS • FASCIA • GUTTERING BUILDING WORK UNDERTAKEN

01553 841175 01553 840767 07799 620883 07810 867244



Carpets • LVT • Vinyl Self Levelling • Carpet Tiles

(A) 07401 772722

coastlinecarpets@hotmail.com

WOODWORK

BY PATRICK RUMBLES CARPENTRY & JOINERY SPECIALIST

CUPBOARDS, WINDOWS, DOORS ETC LINKS TO ALL OTHER TRADES FOR PROPERTY IMPROVEMENTS & MAINTENANCE

01328 258316 Mobile: 07899 996604



Open Daily 09:00-16:00

> 01485 525652

Thornham **PE36 6LS**



RESTAURANT, DELI, SHOPPING HOME, LIFESTYLE, GALLERY

www.creakeabbev.co.uk